



Dear Parents,

Our class will be going out on a Big Backyard nature walk on

_____ at _____.

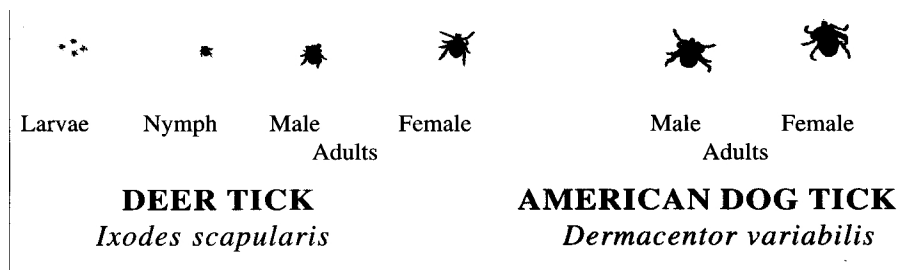
It is important that your child is properly dressed for the walk.

Please have your child dress in **long pants, socks and closed-toed shoes** (it can be muddy). Depending on the temperature, you may wish to apply **sunscreen** at home for warmer days and send in a jacket or sweater on colder days.

Because the insect population is active at this time, especially ticks and biting insects, we strongly recommend that you **apply insect repellent** at home and that your children tuck pants into socks during the walk. Although we will be doing a quick **tick check** in the classroom after the walk, we recommend that you do a thorough tick check your child at home after school.

Please let the school nurse know if there are any changes in your child's medical condition that may need to be considered on a nature walk.

Thank you!





Dear Parents,

Our class will be going out on our WINTER Big Backyard nature walk on _____ at _____.

Kids can't concentrate when they are too cold so it is important that your child is properly dressed for the walk.

Please have your child dress in **warm insulating layers**. Layers can always be taken off if it gets too warm. Your child should have **gloves or mittens and a hat or hood**. **Boots** must be worn to keep dry and warm. Consider sending an extra pair of **socks** as well, in case your child's feet do get wet.

Please let the school nurse know if there are any changes in your child's medical condition that may need to be considered on a nature walk.

Thank you!

